



## SEDATION DENTISTRY GUIDE




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# What Is Sedation Dentistry?

*Imagine going to the dentist without anxiety or fear? Alleviating dental anxiety is only one of the many benefits of sedation dentistry.*

*This Horizon Dental Care guide aims to help you to understand more about sedation dentistry and contains answers to many commonly asked questions.*



**Sedation Dentistry is the use of sedatives—including anything from nitrous oxide gas to intravenous (IV) medication to make a patient comfortable during a dental treatment.** The sedative is administered before and during a dental procedure and will either relax you or make you sleepy. The level of sedation is dependent on both the patient and the procedure.

Sedation allows the dentist to provide a variety of dental treatments to patients who have anxiety or fear or are unable to tolerate regular dental appointments. Additionally, patients who have difficulty getting numb, a sensitive gag reflex, or who have an extensive amount of work or a lengthy procedure to be completed may also benefit from sedation.

Horizon Dental Care is pleased to offer patients the options of nitrous oxide and IV sedation dentistry to help provide a relaxing and anxiety-free dental experience. When patients undergo IV sedation dentistry, they will receive high-quality treatment with little to no memories of the procedure and without the discomfort they were expecting to feel.

Sedation dentistry is endorsed by the American Dental Association. It has been used safely for over thirty years with millions of dental procedures.





# How Does Sedation Work?

*There are varying degrees and levels of sedation. Our experienced Horizon Dental Care Sedation Dentistry Team can provide **Nitrous Oxide and IV Sedation** to patients for almost any dental procedure.\**



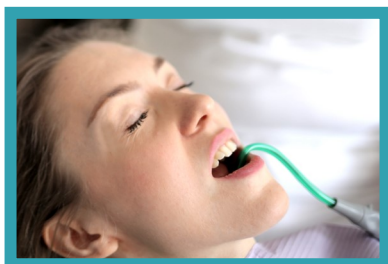
## ➡ NITROUS OXIDE



Nitrous oxide, commonly known as laughing gas, is a sedative that you inhale. Using this form of sedation, you'll be conscious throughout the procedure, but you'll be very relaxed. You'll be given a mask to put on your nose. You'll inhale and soon find that you feel calmer and more relaxed.

The effects of nitrous oxide are quite mild compared to the other sedatives. Often, nitrous oxide might be all the patient needs to relax. The effects of nitrous oxide will wear off quickly after the procedure is finished, and you should be able to drive yourself home after your appointment.

## ➡ IV SEDATION



Intravenous (IV) sedation is when a sedative drug is given into a vein either in one of your arms or in the back of one of your hands. It will quickly make you feel very sleepy and relaxed. Throughout the procedure you will have a monitor attached to your finger to measure your pulse and oxygen levels. Your blood pressure will be checked before and after the procedure.

While under IV sedation, you will feel deeply relaxed but you will still be able to understand and respond to requests from the dentist. You may be unaware of the dental treatment and you may forget much of the visit. The length of time you will be sedated varies depending on the treatment you are having.

*\*Prior to any sedation procedure you will receive a complete consultation, screening and evaluation to ensure your safety and to determine the most suitable option for your specific needs.*





## **Why Choose Sedation Dentistry?**

*Patients who have undergone a treatment using sedation methods will agree that it is a relaxing and stress-free way to experience their dental treatment.*

*Who is sedation dentistry really for, and why should you consider it for your dental treatment? Keep on reading this Horizon Dental Care Sedation Dentistry guide to learn more.*



*Here are just a few of the many reasons we recommend sedation dentistry over traditional dentistry for our patients.*



#### **INCREASED COMFORT**

People who have anxiety about dental visits can feel very tense when they're in the dental office. Sedation will dull your senses so you experience less discomfort during your dental treatment.



#### **INCREASED RELAXATION**

Any of our sedation options will cause you to enter a tranquil state so you can remain calm and collected during your procedure. Taking away the anxiety of a dental appointment is a benefit that can't be overstated.



#### **INCREASED EFFICIENCY**

Because sedation makes you more comfortable and cooperative, large amounts of dental work can be completed in fewer appointments. Our doctors can easily perform multiple procedures at once instead of having to do them over the course of several visits, thus eliminating the anxiety of having to go to multiple appointments.



#### **IMPROVED ORAL HEALTH**

Whether it's for routine examinations or more invasive procedures, sedation offers a comfortable solution for patients who would otherwise skip dental appointments, leading to disease and decay. If you've been avoiding the dentist because of dental anxiety, sedation dentistry may be just what you need to face your fears and take care of your oral health. Even decay and damage caused by years of neglect can be corrected, usually in just one or two visits.

# **Advantages of Sedation Dentistry over Traditional Dentistry**





# Frequently Asked Questions About Sedation Dentistry

## **Q. WHO IS A GOOD CANDIDATE FOR SEDATION DENTISTRY?**

A. Patients who have anxiety or fear of dental procedures as well as those who are unable to tolerate regular dental appointments. These include individuals with: a difficulty getting numb, a sensitive gag reflex, or who require an extensive amount of treatment such as multiple fillings, root canals, extractions, or other procedures that could extend their time in the dental chair. Prior to any sedation procedure patients are thoroughly screened and evaluated to determine if sedation dentistry is a suitable treatment option for their specific needs.

## **Q. WILL I REALLY BE TOTALLY RELAXED?**

A. You'll receive just enough sedation so that you'll be completely unaware of the treatment, as if it were a dream.

## **Q. WILL I REMEMBER ANYTHING?**

A. IV sedation induces a state of deep relaxation and a feeling of not being bothered by what's going on. The drugs used for IV sedation produce either partial or full memory loss (amnesia) for the period of time when the drug first kicks in until it wears off. As a result, time will appear to pass very quickly and you will not recall much of what happened. Almost all the time, the patient does not remember much (or anything at all) about what went on.

## **Q. WILL I FEEL ANY PAIN?**

A. Most patients feel no discomfort whatsoever during their treatment and feel surprisingly good after their treatment.

## **Q. WILL I BE GROGGY AFTER MY TREATMENT IS OVER?**

A. You will feel just fine. For your safety, we do require that you have a friend or family member drive you home and stay with you for a few hours.

## **Q. IS IT STILL NECESSARY TO BE NUMBED WITH LOCAL ANESTHETIC? WILL MY DENTIST NUMB MY GUMS BEFORE OR AFTER I'M SEDATED?**

A. The drugs that are usually used for IV sedation are not painkillers but anti-anxiety drugs. While they relax you and make you forget what happens, you will still need to be numbed. If you have a fear of injections, you will not be numbed until the IV sedation has fully kicked in. You will be relaxed enough not to care by this stage. Your dentist will then wait until the local anesthetic has taken effect (i.e. until you're numb) before starting on any procedure.

## **Q. IS SEDATION DENTISTRY SAFE FOR ME?**

A. IV sedation is very safe. IV sedation is performed by a doctor specially trained in sedation dentistry. Before starting any treatments, we review your medical history completely to determine if you are a candidate.

## **Q. WILL MY INSURANCE COVER TREATMENT?**

A. We'll make the most of your insurance benefits, then if necessary, make financial arrangements to ensure you get the dental care you need.





# About Horizon Dental Care

Horizon Dental Care is home to worry-free and affordable dentistry. Our dental services include: preventative, restorative, cosmetic and emergency dentistry.

Horizon Dental Care patients have counted on high quality, personalized dental care for over 25 years. From routine cleanings to root canals, we've set the standard for comfort and convenience. Our team of doctors and dental professionals are focused on making sure that you are completely relaxed both before and after your dental treatment. We strive to treat every patient with compassion, respect and a genuine concern for all of their needs.

## COMPREHENSIVE DENTAL CARE

- Emergency Care
- Cleanings
- Cosmetic Dentistry
- Sedation Dentistry
- Bridges & Crowns
- Color Correct Fillings
- Veneers & Bonding
- Advanced Whitening
- ClearCorrect™ Aligners
- On-site Denture Lab
- Custom Crafted Dentures
- Senior Dental Care
- Dental Implants
- Periodontal Specialists
- Natural Tooth Replacements

Let us help to make your dental treatment more relaxing and comfortable with sedation dentistry. We are here to help you and answer all your questions.



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**SCHEDULE YOUR CONSULTATION TODAY**

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### 5 CONVENIENT LOCATIONS

**Hawley**  
2537 Rte. 6  
570.226.8800

**Honesdale**  
3025 Lake Ariel Hwy.  
570.253.4245

**Scranton**  
400 Wyoming Ave.  
570.342.8800

**Stroudsburg**  
1306 North 5th St.  
570.421.1000

**Stroud**  
3509 Heller Dr.  
570.424.6607



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